

# Children's Game Descriptions

**SACK RACE:** This is an old favorite you're probably familiar with. After dividing children into teams, give each team one burlap potato sack or pillow cases. Have children step into the bags and race relay style to the other end of the room and back. The team to have all their members finish racing down and back first wins.

**DIZZY BAT:** After dividing children into teams, give each team a baseball bat. Each child will place their forehead on the bat, spin around the bat three times and then run to the other end of the room. The first team to finish wins.

**CUP STACK:** At one end of the room, place two sets of six stacked disposable plastic party cups on opposite ends of a table. After dividing children into teams, explain that each team will race, one at a time, to their team's set of cups on the table. Each child will unstack the cups, build a pyramid with the cups (three on bottom layer, two in middle layer, one on top), then re-stack the cups together, and run back to tag the next player in line. The first team to have all their players complete the process and cross the finish line wins.

**BALLOON POP:** Blow up enough balloons for each child in your group to have one. After dividing children into teams, place a balloon for each team on the floor on the opposite end of the room. Have children race relay style to the other end of the room, pop his or her balloon, and race back. Let each child have a turn racing to pop a balloon and race back. The first team to have each child pop his or her balloon and cross the finish line wins.

*\*With all of these activities, please use your best judgment regarding COVID-19 health and safety practices and precautions.*